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## Taking Transit 101 at La Mesa's Adult Enrichment Center

Taking Transit 101 teaches individuals with disabilities, seniors, and first-time riders how to use public transportation independently to access their community. Training sessions are led by certified volunteers with knowledge about public transportation accessibility in San Diego.

**Event Type:** [San Diego](#)

**Original URL:** <https://www.sdmts.com/rider-info/events/taking-transit-101-la-mesas-adult-enrich...>

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