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San Diego MLK Festival

The Harmony Health Fest incorporates harmony, health, and wellness alongside the celebration of Martin Luther King Jr.'s legacy. We want to emphasize the importance of physical and mental well-being within the community while honoring the principles of unity, equality, and social justice championed by Dr. King. The festival may include vendors and exhibitors who feature activities, workshops, and resources dedicated to promoting a healthy lifestyle, such as fitness demonstrations, health screenings, mental health awareness sessions, healthy food options and more.

For more information, visit: sandiegoalphas.com/sdmlkfestival

Event Type: [San Diego](#)

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