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Myers Briggs Type Indicator (MBTI)

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A large rectangular area with a thick gray border. Inside, two diagonal gray lines cross each other in the center, forming an 'X' shape. This is a common placeholder for a missing image or a graphic that failed to load.

This training is based on Swiss psychiatrist Carl Jung's theory of psychological types. This training will help you gain insight and understanding of your strengths, gifts and potential development needs as well as help you understand and appreciate how and why others may differ from you. Knowing your type can truly lead to more constructive communication and relationships. This training is open to all management employees.

Contact Art Langit at Arturo.Langit@sdmts.com or (619) 557-4568 to enroll in the course.

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