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The Practical Coach

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The prospect of being a coach in addition to all your other responsibilities can be overwhelming. However, it is one of the most important skills you as a leader must have for it will help ensure the success of both your team and yourself. The reality is, if you are in a leadership position and people are looking to you for directions, you are already a coach.

Now is the time to ask yourself some tough questions. Are you an effective coach? Do you have the necessary skills to coach your team? Do you make coaching a priority?

Whether you are an effective coach or need some guidance, *The Practical Coach* will provide you with the necessary skills to inspire, encourage and challenge your team to a higher level of performance. This two-hour workshop is available to managers and supervisors.

Contact Art Langit at Arturo.Langit@sdmts.com or (619) 557-4568 to enroll in the course.

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