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## 5 Choices

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In today's world, it's both easier and harder than ever to achieve extraordinary productivity. We all have the potential to do extraordinary things. There are 5 Choices that, when consistently made, ensure that you will achieve extraordinary productivity in work and life. Attend one of the sessions below to help transform your work and life by making five fundamental choices to dramatically increase your ability to achieve your goals with less stress.

**Note:** Participants must attend Parts 1 and 2 in order to complete the course.

**Location:** 9<sup>th</sup> Floor Training Room, James R. Mills Building

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