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## San Diego Heart & Stroke Walk

This nationwide 5K walk encourages participants to form teams and obtain pledges for lifesaving research on heart disease and stroke. The event includes an expo and a 1-mile miracle survivor walk that celebrates success stories for heart disease and stroke victims.

**Event Type:** [San Diego](#)

**Date and Time:**

Saturday, September 15, 2018 - 6:30am to 10:30am

**Original URL:** <https://www.sdmts.com/inside-mts/events/san-diego-heart-stroke-walk>

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