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## Stuff the Bus



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## Help Drive Away Hunger

Join us to help stop hunger in San Diego. Your food donation to the Jacobs & Cushman San Diego Food Bank will help thousands of local families in need this winter.

## Food Drive

**November 26 - December 1, 2018**

*We've made it so easy to give!*

Vons: Donate a \$5 prefilled bag of groceries

Albertsons: Donate any nonperishable food item

## Stuff the Bus

**Saturday, December 1**  
**9am-Noon**

Buses and Girl Scouts will collect donations at select Albertsons or Vons on Saturday, December 1. Stop by and help Stuff the Bus to make a huge donation to the food bank.

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## Drive away hunger in San Diego County by participating in the 11th Annual Stuff the Bus Food Drive!

Visit any Albertsons or VONS store and purchase critically-needed items for donation to the San Diego Food Bank.

([Printable List](#))

*(Sorry, the Food Bank cannot accept any glass containers or homemade foods.)*

VONS stores will have pre-packaged “Hunger Bags” filled with critically needed items for just \$5.

Albertsons shoppers can choose from among these items:

- Canned Tuna or Chicken (in water)
- Canned soups (low sodium, low fat)
- Dry or canned beans (low sodium)
- Canned fruit (packed in its own juice, no added sugar)
- Cereal (low sugar, whole grain or bran)
- Canned Vegetables
- Dried Fruit

- Rice (brown or wild) and Pasta (whole grain)
- Dried Fruits
- Nuts and seeds (unsalted almonds, flax)
- Powdered milk (low or non-fat)
- Peanut butter (no sugar added)
- Infant Formula

**Event Type:** [San Diego](#)

**Date and Time:**

Monday, November 26, 2018 - 8:00am to Sunday, December 2, 2018 - 11:45am

**Original URL:** <https://www.sdmts.com/inside-mts/events/stuff-bus>

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**Source URL:** <https://mtsnet.demosite.us/event/stuff-bus-3>